

PAKURANGA ATHLETIC CLUB

Junior Track and Field Section

Club Records (as at 31 March 2022)

BOYS									
Open Records						Club Championship Records			
Event	Grade	Record	Wind	Name	Year	Reference	Record	Name	Year
50m	7	9.09		C McMullen	1982	CC	9.09	C McMullen	1982
	8	8.41*	NW	J Trathen	2016	CMC			
	8	8.76		M Speck	2002	T10	8.77	D Powell	1985
	9	8.08		M Allen	1982	CC	8.08	M Allen	1982
100m	7	15.15*	NW	J Trathen	2016	T10	15.01	S Ellison	1986
	8	14.22		J Payne	2002	T10	13.94	D Cornthwaite	1995
	9	13.95		S Bardley	1981	CC	13.95	S Bardley	1981
	10	14.29*	NW	J Fuller	2016	CMC			
	10	13.58		G Mitchell	2000	GP	13.62	B Lobb	1984
	11	12.42		D Cornthwaite	1998	TT	13.00	D Pini	1981
	12	12.68		B Penrose	2002	CC	12.08	B Penrose	1983
	13	11.85*	-0.1	J Little	2019	AKS	12.04	J Lam	1995
	14	11.11		E Stewart	2005	AKS	11.36	J Little	2020
200m	7	31.85		S Ellison	1986	CC	31.85	S Ellison	1986
	8	29.90		M Allen	1981	CC	29.90	M Allen	1981
	9	28.58*	+1.1	J Fuller	2016	AC	28.66	J Fuller	2016
	10	28.30		G Mitchell	2000	NGC	28.44	S Wingfield	1985
	11	26.93		S Wildbore	1997	AC	27.14	S Tyulchenko	2022
	12	24.86		S Wildbore	1998	IP	25.75	B Liu	2017
	13	23.77*	-0.5	J Little	2019	AKS	24.47	A Patchett	2018
	14	22.91*		E Stewart	2005	ASC	23.90	J Trathen	2021
400m	7						1.18.91	D Nadoo	2015
	8						1.10.51	J Trathen	2015
	9	1.06.64		D Lee	2006	T10	1.08.75	D Lee	2006
	10	1.02.50		B Murray	1979	AC	1.03.60	B Murray	1979
	11	1.00.07		M Peterson	1981	CC	1.00.07	M Peterson	1981
	12	57.70		R Watton	1979	CC	57.70	R Watton	1979
	13	54.62*		J Trathen	2020	NGC	54.54	J Trathen	2020
	14	54.54*		J Trathen	2021	NGC	53.78	J Trathen	2021
800m	10	2.23.66		D Lee	2007	APC	2.27.22	D Lee	2007
	11	2.15.03		D Lee	2008	SRM	2.24.90	D Lee	2008
	12	2.13.00		N Lukopoulos	1989	IP	2.16.63	P Buller	2010
	13	2.03.35*		J Trathen	2020	CMC	2.08.06	J Trathen	2020
	14	1.57.09*		J Trathen	2021	ASC	2.02.00	J Trathen	2021
1500m	10	4.46.39		D Lee	2007	AC	5.03.13	D Wallwork	2015
	11	4.39.63		D Lee	2008	NGC	4.57.44	D Lee	2008
	12	4.30.32		D Lee	2009	SRM	4.37.05	Z Powell	2016
	13	4.15.59*		J Palmer	2011	IP	4.35.03	T Wallace	2021
	14	4.03.26*		C De Vaal	2020	SRM	4.18.50	T Wallace	2022
5000m	10	5.27.29*		D Wallwork	2016	SRM			
	11	5.19.29*		J Barlow	2014	JNM			
	12	5.01.19*		Z Powell	2016	SRM			
	13	4.53.15*		J Trathen	2019	SRM			
	14	4.37.09*		J Palmer	2014	JNM			
10000m	10	6.48.79		D Lee	2007	AC			
	11	6.29.30		D Lee	2008	AC			
20000m	12	6.44.11		D Lee	2009	AC			
	13	5.36.09*		Z Powell	2017	AKS			
	14	5.03.01*		Z Powell	2018	NZC			
50m Hurdles	11						14.87	F Dixon	2014
	12	12.59*	+1.8	C Greyling	2020	AC	12.78	C Greyling	2020
	13	11.88*	-0.1	M McKenzie	2019	AKS	11.82	C Greyling	2021
100m Hurdles	14	14.48		P Callagher	2006	AC	14.42	N Bennett	2022
1200m Walk	10	6.47.34*		H Day	2020	AC	6.50.25	H Day	2020
	11	6.26.64*		H Day	2021	AC	6.40.94	H Day	2021
	12	6.43.88*		R Trathen	2020	NGC	6.44.06	R Trathen	2020
	13	6.40.82*	J WJ	H Day	2022	CMC			
1600m Walk	13	8.26.62*		R Trathen	2021	AC	8.23.97	R Trathen	2021
2000m Walk	14	10.14.62*		R Trathen	2022	NGC	11.03.00	R Trathen	2022
500m	7	19.24		J Tavia	1989	AC	22.70	B Parcell	2017
	8	24.67		J Pini	2018	AC	23.91	T Maeva Weston	2017
	9	33.90		J Naufahu	1988	AC	30.74	L Holzer	1989
	10	31.49		C Mitchell	1981	CC	31.49	C Mitchell	1981
	11	37.12		P Corlett	1972	CC	37.12	P Corlett	1972
	12	39.60		S Tavia	1990	SAC	40.26	S Tavia	1990
	13	46.56		S Tavia	1991	AC	40.23	B Sutton	1983
	14	42.47		B Sutton	1984	CC	42.47	B Sutton	1984
High Jump	7						1.10	A Sharma	2016
	8						1.19	J Jacob	2019
	9	1.31		C Oakes	2014	T10	1.33	J Jacob	2020
	10	1.45		A Lister	2020	AC	1.42	S Wingfield	1985
	11	1.55		J Hewish-Hall	2005	CMC	1.49	D Cornthwaite	1986
	12	1.60		T Wynne	2017	CMC	1.57	T Wynne	2017
	13	1.73		D Parkes	2015	AC	1.69	D Parkes	2015
	14	1.84		N Lukopoulos	1990	ABP	1.76	J Hall	2022
Long Jump	7	3.88		D Cornthwaite	1994	CC	3.88	D Cornthwaite	1994
	8	4.36		S Ellison	1985	CC	4.36	S Ellison	1985
	9	4.51		S Ellison	1986	CC	4.51	S Ellison	1986
	10	5.00		S Ellison	1987	AC	5.05	S Ellison	1987
	11	5.23		A Lister	2020	AIR	5.11	D Cornthwaite	1988
	12	5.45		S Tavia	1990	AC	5.39	C Harris-Tavia	2022
	13	5.67	+0.1	R Newport	2018	AKS	5.56	J Lam	1995
	14	5.99		A Laifali	1990	AC	6.09	B Potter	1984
Shot Put 1.50kg	7	7.61		A Kauyaha	2010	T10	6.45	A Finlayson	2015
	8	7.98		J Pini	2018	AC	8.80	T Tai	2013
	9	11.58		J Pini	2019	CMC	10.51	J Pini	2019
	10	10.90		J Pini	2020	ABP	10.41	J Pini	2020
	11	10.44		J Naufahu	1990	CC	10.44	J Naufahu	1990
	12	12.40		T Tou'u	2010	AC	12.22	B Liu	2017
	13	13.44		T Tou'u	2011	AC	11.00	B Liu	2011
	14	11.67		B Liu	2019	AC	11.08	R Naufahu	1985
Deleted Events / Weights									
Shot Put 1.375kg	7	6.93		J Payne	2001	AC			
	8	9.40		M Allen	1981	CC			
	9	11.50		S Bardley	1981	CC			
	10	11.19		C Mitchell	1985	CC			
	11	10.55		G Mitchell	1986	AC			
	12	11.26		S Tavia	1990	AC			
1000m Walk	11	6.47.45		J Kincaid	2007	AC			
1500m Walk	13	8.39.91		B Martin	2005	NGC			

GIRLS

GIRLS									
Open Records						Club Championship Records			
Event	Grade	Record	Wind	Name	Year	Reference	Record	Name	Year
50m	7	9.08		C Weir	1982	CC	9.08	C Weir	1982
	8	9.00		J Moore	1981	CC	9.00	J Moore	1981
	9	8.09		S Nathan	1982	CC	8.09	S Nathan	1982
100m	7	15.09		C Weir	1982	CC	15.09	C Weir	1982
	8	14.53		F Gallagher	2003	AC	14.60	S Nathan	1981
	9	13.70		S Nathan	1982	AC	14.10	G Campbell	2021
	10	13.00		C Downes	2002	CC	13.09	C Downes	1982
	11	13.44		F Gallagher	2006	PSG	13.89	R Spring	2017
	12	12.90		N MacSain	2003	AC	13.16	A Miller	1995
	13	12.50*	-0.6	M Venida	2019	AKS	12.56	S Wood	2021
	14	12.11*	+1.6	M Venida	2020	AC	12.06	M Venida	2020
200m	7	32.57		J Miller	1990	AC	31.40	A Vaill	2022
	8	31.20		F Gallagher	2003	AC	31.40	S Nathan	1981
	9	29.07		C Small	2008	CMC	29.97	G Campbell	2021
	10	28.84*	-1.2	L Cava	2022	NGC	28.60	U Cava	2022
	11	27.88*	+2.2	K Smith	2015	AC	28.53	N Smith	2015
	12	26.78		A Miller	1995	SAC	27.92	K Kavanagh-Vincent	2010
	13	25.86*	-0.9	M Venida	2019	AKS	26.19	M Venida	2019
	14	25.19*	-0.1	M Venida	2020	AC	25.00	M Venida	2020
400m	7						1.17.94	T Korewha	2019
	8						1.12.74	T Korewha	2020
	9	1.10.24		C Small	2009	T10	1.13.09	E Young	2019
	10	1.07.17		P Harwood	2006	CMC	1.07.74	T Korewha	2022
	11	1.04.22*		A Singh	2018	AC	1.04.91	A Singh	2018
	12	1.02.80*		K Kavanagh-Vincent	2010	NGC	1.01.35	K Kavanagh-Vincent	2010
	13	59.25*		C Small	2014	IP	1.01.87	M Venida	2019
	14	57.34*		L Tou'u	2005	PSG	59.46	M Venida	2020
800m	10	2.33.58		L Tou'u	2005	PSG	2.35.50	T Korewha	2022
	11	2.27.22*		I Barlow	2020	NGC	2.28.22	I Barlow	2020
	12	2.22.35*		I Barlow	2021	IP	2.23.36	K Kavanagh-Vincent	2020
	13	2.17.11*		I Barlow	2022	ASC	2.18.22	I Barlow	2022
	14	2.18.00		C Higson	2008	NZSS	2.24.60	K Patterson	2005
1500m	10	5.20.83*		L Marais	2021	AC	5.19.50	L Marais	2021
	11	5.02.86*		I Barlow	2020	NGC	5.05.53	I Barlow	2020
	12	4.46.15*		I Barlow	2021	IP	4.56.41	I Barlow	2021
	13	4.40.89*		I Barlow	2022	SKG	4.50.94	I Barlow	2022
5000m	10	6.13.99*		K Patterson	2005	NZSS	4.50.94	K Patterson	2005
	11	5.31.11*		T Korewha	2012	MKS			
	12	5.53.04*		I Barlow	2019	SRM			
	13	5.42.13*		K Clark	2014	JNM			
	14	5.37.58*		K Clark	2015	JNM			
10000m	10	7.30.34*		K Clark	2016	SRM			
	11	6.58.78*		J Crox	2011	AC			
	12	6.35.09*		L Marais	2022	NZSS			
20000m	12	10.45.89*		I Barlow	2020	DQM			
	13	10.07.86*		I Barlow	2022	AKS			
	14	10.50.40		N Mitchell	2007	SRM			
80m Hurdles	11						15.10	J Fourie	2014
	12	13.17*	-1.1	A Shannon	2018	IP	12.87	J Wilson	2020
	13	12.21*	+1.0	A Shannon	2019	AC	12.50	K Quay-Chin	2020
	14	12.01		P Harwood	2010	AC	11.66	K Quay-Chin	2021
1200m Walk	10	7.23.07*		M Day	2021	SKG	7.16.00	M Day	2021
	11	6.35.09*		M Day	2022	AC	6.48.23	Y Fourie	2022
	12	6.28.68*		Y Fourie	2021	NGC	7.05.91	Y Fourie	2021
1600m Walk	13	8.39.76		R Martin	2009	AC	10.16.32	Y Fourie	2022
2000m Walk	14	11.09.20		S Drummond	2009	AC	14.13.91	O Rooney	2020
Discus	7	16.98		M Anaru	2010	ACQ	17.39	A Vaill	2022
	8	23.15							

9	1.24	P Harwood	2005	PSQ	1.25	S Wilson	2021
10	1.38	P Harwood	2006	AC	1.34	P Harwood	2006
11	1.45	P Harwood	2007	TT	1.40	A Napara	2021
12	1.60	A Shannon	2018	AKS	1.53	P Harwood	2008
13	1.65	P Harwood	2009	PSQ	1.55	P Harwood	2009
14	1.65	A Shannon	2019	AKS			
14	1.65	P Harwood	2010	T10	1.61	P Harwood	2010
Lung Jump	7	A Miller	1990	CC	3.76	A Miller	1990
	8	S Lear	1983	SAC	4.07	S Nathan	1981
	9	S Lear	1984	SAC	4.33	S Nathan	1982
	10	S Nathan	1983	AC	4.71	A Miller	1993
	11	D Nacawa	1992	AC	4.69	F Gallagher	2006
	12	A Miller	1995	AC	5.03	A Miller	1995
	13	P Harwood	2009	SRM	5.15	A Miller	1996
	14	P Harwood	2010	AC	5.36	P Harwood	2010
Shot Put 1.00kg	7	M Aneru	2010	CMC	8.65	A Vail	2022
1.50kg	8	M Aneru	2011	AC	7.87	M Aneru	2011
1.50kg	9	G Campbell	2021	CMC	8.89	T Boyen	2011
2.00kg	10	M Koro-Broughton	2021	AC	8.96	M Wathape	2016
2.00kg	11	X Samuel	2009	TT	9.86	A Napara	2021
3.00kg	12	A van Heerden	2020	AC	10.76	A van Heerden	2020
3.00kg	13	M Chan See	2021	AC	10.53	J Sutton	1986
3.00kg	14	P Harwood	2010	T10	12.32	P Harwood	2010

Deleted Events / Weights							
Shot Put 1.375kg	7	6.60	S Bymolt	1991	SAC		
1.375kg	8	8.70	P Harwood	2004	T10		
1.375kg	9	10.57	P Harwood	2005	AC		
1.92kg	10	10.54	J Sutton	1983	CC		
2.27kg	11	9.86	J Sutton	1984	TT		
2.72kg	12	11.09	J Sutton	1985	CC		
3.25kg	13	11.46	J Sutton	1986	AC		
3.25kg	14	12.46	P Harwood	2010	T10		
2000m	12	7.30.91	P Blackburn	2005	AC		
	13	7.34.12	R Seagar	2005	AC		
10m Hurdles	12	11.80	D Nacawa	1993	AC		
1000m Walk	11	5.54.33	R Martin	2007	AC		
	12	4.56.00	R Martin	2008	AC		
1500m Walk	13	7.54.38	R Martin	2009	AC		

Reference							
AC	Auckland Children's Championship						
ACQ	Auckland Children's Championship Qualifier						
AJR	Auckland Junior Relay Championship						
AKS	Auckland Secondary Schools Championship						
AKC	Auckland Regional Pentathlon Championship						
ASC	Auckland Senior's Championship						
CC	Club Championship						
CMC (SAC)	Counties-Manukau Championship (was South Auckland Championship)						
DCM	Dick Quain Memorial Meet						
GP	Auckland Regional Grand Prix						
IP	Inter-Provincial						
JNM	John Walker Night of Miles						
MKS	McKinnon Shield						
NIGS	North Island Cigarette Games						
NIS	North Island Secondary Schools Championship						
NISG	Night of 5s						
NRC	Northern Regional Champions of Champions						
NZC	New Zealand Senior Championship						
NZSS	New Zealand Secondary Schools Championship						
PSG	Pacific School Games Qualifier						
PSG	Pacific School Games						
RICG	South Island Cigarette Games						
SMM	Simon Meeting						
TT	Trans-Tasman Challenge						
T10 (T12)	Top 10 (was Top 12)						

RELAYS

BOYS						GIRLS						
Open Records						Open Records						
Event	Grade	Record	Names	Year	Reference	Event	Grade	Record	Names	Year	Reference	
4 x 100m	7	1:04.91*	Fernando Chid James Fuller Samuel Boyes James Trathen	2013	AIR	4 x 100m	7	1:08.20*	Anabelle Warner Giselle Campbell Addison Ama Tia Korwarha	2018	AIR	
4 x 100m	8	1:01.80*	Cruz Simpson Liam Ellison Jacob Ely Dejaun Naidoo	2015	CMIR	4 x 100m	8	1:04.86*	Skye Wilson Giselle Campbell Addison Ama Tia Korwarha	2019	CMIR	
4 x 100m	9	58.33*	Josh Kelly James Fuller Antonie Smaal James Trathen	2015	AIR	Auckland Record	4 x 100m	9	59.99*	Skye Wilson Unaldi Cava Tia Korwarha Giselle Campbell	2020	AIR
4 x 100m	10	57.27*	Kaine Bradley Blake Moore Samuel Kirkup Luke Holmes	2012	AIR	4 x 100m	10	58.29*	Skye Wilson Unaldi Cava Tia Korwarha Giselle Campbell	2022	NIGG	
4 x 100m	11	55.34*	Daniel Mullens Oliver Mai Isaac Smith Tim Wallace	2018	AIR	4 x 100m	11	56.31*	Shayla Nepia Anusha Smith India Nicholas Emmerson Garrett	2018	AC	
4 x 100m	12	52.03*	Ashley Patchell Balley Liu Sione Makasini Raniera Newport	2016	AIR	4 x 100m	12	54.30*	Alice Shannon Ashley Pollock Courtney Rimmer Ruby Spring	2017	CMIR	
4 x 100m	13	49.35*	Balley Liu Mason Jury Raniera Newport Kaiden Warren	2017	CMIR	4 x 100m	13	52.50*	Alice Shannon Katherine Fanelli Mariele Venida Adriana White	2018	CMIR	
4 x 100m	14	46.50*	Ben Ward Hunter Brown James Trathen	2021	NIGG	4 x 100m	14	51.68*	Samantana Fari Sonya He Natasha Smith	2017	NIGG	
4 x 200m	7	2:20.08*	Kelto Tokumoto James Fuller Samuel Boyes James Trathen	2013	AIR	4 x 200m	7	2:29.10*	Anabelle Warner Addison Ama Giselle Campbell Tia Korwarha	2018	AIR	
4 x 200m	8	2:10.50*	Cruz Simpson Liam Ellison Isaac Smith Dejaun Naidoo	2015	CMIR	4 x 200m	8	2:20.56*	Skye Wilson Addison Ama Tia Korwarha Giselle Campbell	2019	AIR	
4 x 200m	9	2:06.25*	Josh Kelly James Trathen Antonie Smaal James Fuller	2015	CMIR	4 x 200m	9	2:07.40*	Giselle Campbell Skye Wilson Unaldi Cava Tia Korwarha	2020	AIR	
4 x 200m	10	2:02.73*	Josh Kelly James Fuller Antonie Smaal James Trathen	2016	AIR	4 x 200m	10	2:10.21*	Mikaela Bechley Eleanor Young Amelia McKenzie Paige Bradley	2019	AIR	
4 x 200m	11	1:57.19*	Daniel Mullens Tim Wallace Oliver Mai Isaac Smith	2018	AIR	4 x 200m	11	2:00.39*	Anusha Parsons Ashley Pollock Taylor Holmes Ruby Spring	2016	AIR	
4 x 200m	12	1:46.97*	Ashley Patchell Balley Liu Sione Makasini Raniera Newport	2016	AIR	4 x 200m	12	1:54.73*	Anabelle Warner Natasha Smith Caitlin Harley Adriana White	2015	AIR	
4 x 200m	13	1:45.30*	Ashley Patchell Balley Liu Mason Jury Raniera Newport	2017	CMIR	4 x 200m	13	1:50.35*	Katherine Fanelli Mariele Venida Taylor Holmes Alice Shannon	2018	CMIR	
4 x 200m	14	1:35.99*	Kaiden Warren Liam Hill Ben Ward James Trathen	2020	AIR	4 x 200m	14	1:49.87*	Anabelle Warner Adriana White Samantana Fari	2017	CMIR	
4 x 400m	10	4:44.96*	Harrison Gay Keegan Gooven Chase Wang Alex Lister	2020	AC	Auckland Record	4 x 400m	10	5:17.55*	Samantana Young Theo Garrett Yandri Foulie Imogen Barlow	2019	AC
4 x 400m	11	4:29.71*	Oliver Mai Isaac Smith Daniel Mullens	2019	AC	Auckland Record	4 x 400m	11				
4 x 400m	12	4:18.14*	Ben Ward Zach O'Dwyer Antonie Smaal James Trathen	2019	AC	4 x 400m	12	4:42.36*	Emmerson Garrett Kiera Borrill Ana Pires Anusha Singh	2019	AC	
4 x 400m	13	3:58.92*	Kaiden Warren Ben Ward Finlay Smith James Trathen	2020	AC	Auckland Record	4 x 400m	13				
4 x 400m	14	4:06.25*	Tia Smith Horace James Thomas Wynne Avinash Kumar	2019	AC	4 x 400m	14	4:23.72*	Anusha Parsons Caitlyn Pokorny Johanni Foulie Mariele Venida	2019	AC	
Mixed Medley (2 x 100m, 1 x 200m, 1 x 400m, 1 x 800m)	10	Matteo Magni Fenollar				Mixed Medley (2 x 100m, 1 x 200m, 1 x 400m, 1 x 800m)	10		Anna Wilkinson			
	11	Alex Lister					11		Kiera Borrill			
	12	Daniel Barrack					12	4:36.21*	Anusha Singh	2018	CMIR	
	13	Tim Wallace					13		Mariele Venida			
	14	James Trathen					14		Neve Webster			

Reference							
AC	Auckland Children's Championship						
AJR	Auckland Junior Relay Championship						
CMIR	Counties-Manukau Relay Championship						
NIGG	North Island Cigarette Games						