

**PAKURANGA ATHLETIC CLUB**

**Junior Track and Field Section**

Club Records (as at 6 April 2023) \* = electronic timing

BOYS									
Open Records					Club Championship Records				
Event	Grade	Record	Wind	Name	Year	Reference	Record	Name	Year
50m	7	9.09		C McMullen	1982	CC	9.09	C McMullen	1982
	8	8.41*	NW	J Trathen	2016	CMC			
	9	8.76		M Speck	2002	T10	8.77	D Powell	1985
100m	7	15.15*	NW	M Allen	1982	CC	8.08	M Allen	1982
	8	14.22		J Payne	2002	T10	15.01	S Ellison	1986
	9	13.95		S Bardley	1981	CC	13.94	D Cornthwaite	1995
200m	7	34.99*	NW	J Fuller	2016	CMC	13.95	S Bardley	1981
	8	13.58		G Mitchell	2000	GP	13.62	B Lobb	1984
	9	12.42		D Cornthwaite	1998	TT	13.00	D Pini	1981
	10	12.68		B Perrowe	2002	CC	12.08	B Perrowe	1983
	11	11.72*	+0.7	A Cheneke	2023	NSS	11.79	A Cheneke	2023
	12	11.11		E Stewart	2005	AKS	11.36	J Little	2020
	13	11.85		S Ellison	1986	CC	11.85	S Ellison	1986
	14	11.11		M Allen	1981	CC	29.90	M Allen	1981
	15	10.58*	+1.1	J Fuller	2016	AC	28.66	J Fuller	2016
	16	10.50		G Mitchell	2000	NGC	28.44	S Wingfield	1985
400m	7	1.26.93		S Wildbore	1997	AC	27.14	S Tyulchenko	2022
	8	29.90		M Allen	1981	CC	25.75	B Liu	2017
	9	28.58*	+1.1	J Fuller	2016	AC	25.75	Hale	2020
	10	28.30		G Mitchell	2000	NGC	24.47	A Patchett	2018
	11	26.93		S Wildbore	1998	IP	23.90	J Trathen	2021
	12	24.86		S Wildbore	1998	IP	23.90	J Trathen	2021
	13	23.77*	-0.5	J Little	2019	AKS	1.18.91	D Naidoo	2015
	14	22.91		E Stewart	2005	ASC	1.10.51	J Trathen	2015
	15	1.06.64		D Lee	2006	T10	1.08.75	D Lee	2006
	16	1.02.50		M Murray	1979	AC	1.03.60	B Murray	1979
800m	7	3.18.07		M Peterson	1981	CC	1.00.07	M Peterson	1981
	8	57.70		R Wratten	1979	CC	57.70	R Wratten	1979
	9	54.62*		J Trathen	2020	NGC	54.54	J Trathen	2020
	10	54.54*		J Trathen	2021	NGC	53.78	J Trathen	2021
	11	52.36		D Lee	2007	APC	2.27.20	L Green	2023
	12	51.00		D Lee	2008	SRM	2.24.90	D Lee	2008
	13	50.35*		N Lukopoulos	1989	IP	2.16.43	P Bullster	2010
	14	50.35*		J Trathen	2020	CMC	2.08.06	J Trathen	2020
	15	49.67*		J Trathen	2021	ASC	2.02.00	J Trathen	2021
	16	49.67		D Lee	2007	AC	4.58.72	L Green	2023
1500m	7	4.39.63		D Lee	2008	NGC	4.57.44	D Lee	2008
	8	4.30.32		D Lee	2009	SRM	4.37.05	Z Powell	2016
	9	4.15.59*		F Palmer	1991	IP	4.30.98	H Day	2023
	10	4.03.26*		C De Vaal	2020	SRM	4.16.41	B Oxford	2023
	11	5.22.89*		L Green	2023	MKS			
	12	5.19.07*		J Barlow	2014	JMM			
	13	5.01.19*		Z Powell	2016	SRM			
	14	4.53.15*		J Trathen	2019	SRM			
	15	4.37.98*		F Palmer	2014	JMM			
	16	4.44.52*		L Green	2022	NOS6			
2000m	7	6.29.30		D Lee	2008	AC			
	8	6.44.11		D Lee	2009	AC			
	9	5.96.09*		Z Powell	2017	AKS			
	10	5.58.79*		B Oxford	2022	MKS			
	11	14.87		F Dixon	2024				
	12	12.59*	+1.8	C Greyling	2020	AC	12.78	C Greyling	2020
	13	11.54*	+0.1	R Haggard	2023	NSS	11.82	C Greyling	2021
	14	14.88		P Callaghan	2006	AC	14.42	N Bedford	2022
	15	6.47.34*		H Day	2020	AC	6.50.25	H Day	2020
	16	6.26.64*		H Day	2021	AC	6.40.94	H Day	2021
400m Hurdles	7	6.43.88*		R Trathen	2020	NGC	6.44.06	R Trathen	2020
	8	6.40.82*	J WJ	H Day	2022	CMC			
	9	8.26.62*		R Trathen	2021	AC	8.23.97	R Trathen	2021
	10	10.14.62*		R Trathen	2022	NGC	11.03.00	R Trathen	2022
	11	19.24		T Tania	1989	T12	22.70	B Purcell	2017
	12	24.67		J Pini	2018	AC	23.91	T Maeva Weston	2017
	13	33.90		J Naufahu	1988	AC	30.74	L Holzer	1989
	14	31.49		C Mitchell	1986	CC	31.49	C Mitchell	1986
	15	37.12		P Corlett	1972	CC	37.12	P Corlett	1972
	16	39.60		S Tavita	1990	SAC	40.26	S Tavita	1990
800m Hurdles	7	46.56		S Tavita	1991	AC	40.59	Cherie Tavita	1990
	8	42.47		B Sutton	1984	CC	42.47	B Sutton	1984
	9	1.10		A Sharma	2016		1.19	Jacob	2019
	10	1.19		Jacob	2019		1.33	Jacob	2020
	11	1.45		A Lister	2020	AC	1.42	S Wingfield	1985
	12	1.55		Hewah-wah	2005	CMC	1.49	D Cornthwaite	1986
	13	1.60		T Wynne	2017	CMC	1.57	T Wynne	2017
	14	1.73		D Parkes	2015	AC	1.69	D Parkes	2015
	15	1.84		N Lukopoulos	1990	ABP	1.76	Hall	2022
	16	1.88		D Cornthwaite	1994	CC	3.88	D Cornthwaite	1994
1500m Hurdles	7	4.36		S Ellison	1985	CC	4.36	S Ellison	1985
	8	4.51		S Ellison	1986	CC	4.51	S Ellison	1986
	9	5.00		S Ellison	1987	AC	5.05	S Ellison	1987
	10	5.23		A Lister	2020	AIR	5.11	D Cornthwaite	1998
	11	5.45		S Tavita	1990	AC	5.39	Cherie Tavita	1990
	12	5.67	+0.1	R Newport	2018	AKS	5.56	J Lam	1995
	13	5.99		A Laifali	1990	AC	6.09	B Potter	1994
	14	7.61		A Kavanagh	2010	T10	6.45	A Finlayson	2015
	15	7.98		J Pini	2018	AC	8.80	T Tai	2013
	16	11.58		J Pini	2019	CMC	10.51	J Pini	2019
Shot Put 1.50kg	7	10.90		J Pini	2010	ABP	10.41	J Pini	2020
	8	10.44		J Naufahu	1990	CC	10.44	J Naufahu	1990
	9	12.40		T Tou'u	2010	AC	12.22	B Liu	2017
	10	13.44		T Tou'u	2011	AC	12.21	C Harris-Tavita	2023
	11	11.67		B Liu	2019	AC	11.08	R Naufahu	1985
	12	6.93		J Payne	2001	AC			
	13	9.40		M Allen	1981	CC			
	14	11.50		S Bardley	1981	CC			
	15	11.19		C Mitchell	1985	CC			
	16	11.35		G Mitchell	1986	AC			
Discus	7	11.26		S Tavita	1990	AC			
	8	6.47.45		J Kincaid	2007	AC			
	9	8.39.91		B Martin	2005	NGC			

**GIRLS**

GIRLS									
Open Records					Club Championship Records				
Event	Grade	Record	Wind	Name	Year	Reference	Record	Name	Year
50m	7	9.08		C Weir	1982	CC	9.08	C Weir	1982
	8	9.00		J Moore	1981	CC	9.00	J Moore	1981
	9	8.09		S Nathan	1982	CC	8.09	S Nathan	1982
100m	7	15.09		C Weir	1982	CC	15.09	C Weir	1982
	8	14.53		F Gallagher	2003	AC	14.60	S Nathan	1981
	9	13.70		S Nathan	1982	AC	14.10	G Campbell	2021
200m	7	32.60		C Downes	2002	CC	13.09	C Downes	1983
	8	13.44		F Gallagher	2006	PSG	13.68	U Cava	2023
	9	12.90		N MacSavin	2003	AC	13.16	A Miller	1995
	10	12.50*	-0.6	M Venida	2019	AKS	12.56	S Wood	2023
	11	12.11*	+1.6	M Venida	2020	AC	12.06	M Venida	2020
	12	12.57		M Miller	1990	AC	31.40	A Vaill	2022
	13	12.07		F Gallagher	2008	CMC	31.40	S Nathan	1981
	14	11.88*	-1.2	U Cava	2022	NGC	29.97	G Campbell	2021
	15	11.77*	+1.2	U Cava	2023	NGC	28.27	U Cava	2022
	16	11.73		A Miller	1995	SAC	27.92	K Kavanagh-Vincent	2010
400m	7	26.78		M Venida	2019	AKS	26.19	M Venida	2019
	8	25.86*	-0.9	M Venida	2020	AC	25.00	M Venida	2020
	9	25.19*	-0.1	M Venida	2020	AC	1.17.94	T Korewha	2019
	10	1.12.74		T Korewha	2020		1.12.74	T Korewha	2020
	11	1.10.24		C Small	2009	T10	1.13.09	E Young	2019
	12	1.07.17		P Harwood	2006	CMC	1.07.74	T Korewha	2022
	13	1.04.22*		A Singh	2018	AC	1.04.91	A Singh	2018
	14	1.02.80*		K Kavanagh-Vincent	2010	NGC	1.01.35	K Kavanagh-Vincent	2010
	15	99.20*		C Small	2014	IP	1.01.87	M Venida	2019
	16	57.34*		T Tou'u	2010	PSG	59.46	M Venida	2020
800m	7	2.22.22*		I Barlow	2020	NGC	2.28.22	I Barlow	2020
	8	2.22.35*		I Barlow	2021	IP	2.23.36	K Kavanagh-Vincent	2010
	9	2.17.11*		I Barlow	2022	ASC	2.18.22	I Barlow	2022
	10	2.12.81*		I Barlow	2023	AKS	2.18.22	I Barlow	2023
	11	5.20.83*		L Marais	2021	AC	5.19.50	L Marais	2021
	12	5.02.86*		I Barlow	2020	NGC	5.05.53	I Barlow	2020
	13	4.46.15*		I Barlow	2021	IP	4.56.41	I Barlow	2021
	14	4.24.86*		I Barlow	2022	SKG	4.50.58	I Barlow	2022
	15	6.13.79*		T Korewha	2020	MKS	4.41.16	I Barlow	2023
	16	5.31.11*		I Barlow	2019	SRM			
1500m	7	5.35.53*		M Day	2023	MKS			
	8	5.42.19*		J Clark	2015	JMM			
	9	5.03.46*		I Barlow	2023	MKS			
	10	7.30.34*		J Crox	2011	AC			

9	1.24	P Harwood	2005	PSQ	1.25	S Wilson	2021
10	1.38	P Harwood	2006	AC	1.34	P Harwood	2006
11	1.45	P Harwood	2007	TT	1.40	A Napara	2021
12	1.60	A Shannon	2018	AKS	1.53	P Harwood	2008
13	1.65	P Harwood	2009	PSQ	1.55	P Harwood	2009
14	1.65	A Shannon	2019	AKS			
14	1.65	P Harwood	2010	T10	1.61	P Harwood	2010
Long Jump	7	A Miller	1990	CC	3.76	A Miller	1990
	8	S Lear	1983	SAC	4.07	S Nathan	1981
	9	S Lear	1984	SAC	4.33	S Nathan	1982
	10	S Nathan	1983	AC	4.71	A Miller	1993
	11	D Nacawa	1992	AC	4.69	F Gallagher	2006
	12	A Miller	1995	AC	5.03	A Miller	1995
	13	P Harwood	2009	SRM	5.15	A Miller	1996
	14	P Harwood	2010	AC	5.36	P Harwood	2010
Shot Put 1.00kg	7	M Aneru	2010	CMC	8.65	A Vaill	2022
	8	M Aneru	2011	AC	7.95	A Vaill	2023
1.50kg	9	G Campbell	2021	CMC	8.89	T Boyen	2011
2.00kg	10	M Aneru	2010	AC	9.01	C Fabricius	2023
2.00kg	11	X Samuel	2009	TT	9.86	A Napara	2021
3.00kg	12	A van Heerden	2020	AC	10.76	A van Heerden	2020
3.00kg	13	M Chan See	2021	AC	10.53	J Sutton	1986
3.00kg	14	P Harwood	2010	T10	12.32	P Harwood	2010

Deleted Events / Weights							
Shot Put 1.375kg	7	6.60	S Bymolt	1991	SAC		
1.375kg	8	8.70	P Harwood	2004	T10		
1.375kg	9	10.57	P Harwood	2005	AC		
1.92kg	10	10.54	J Sutton	1983	CC		
2.72kg	11	9.86	J Sutton	1984	TT		
2.72kg	12	11.09	J Sutton	1985	CC		
3.25kg	13	11.46	J Sutton	1986	AC		
3.25kg	14	12.46	P Harwood	2010	T10		
2000m	12	7.30.91	P Blackburn	2005	AC		
	13	7.34.12	R Seagar	2005	AC		
10m Hurdles	12	11.80	D Nacawa	1993	AC		
1000m Walk	11	5.54.33	R Martin	2007	AC		
	12	4.56.00	R Martin	2008	AC		
1500m Walk	13	7.54.38	R Martin	2009	AC		

Reference							
AC	Auckland Children's Championship						
ACC	Auckland Children's Championship Qualifier						
AJR	Auckland Junior Relay Championship						
AKS	Auckland Secondary Schools Championship						
AKC	Auckland Regional Pentathlon Championship						
ASC	Auckland Senior's Championship						
CC	Club Championship						
CMC (SAC)	Counties-Manukau Championship (was South Auckland Championship)						
DCM	Dick Quain Memorial Meet						
GP	Auckland Regional Grand Prix						
IP	Inter-Provincial						
JNM	John Walker Night of Miles						
MKS	McKinnon Shield						
NIGS	North Island College Games						
NIS	North Island Secondary Schools Championship						
NISG	Night of 5s						
NRC	Northern Regional Champions of Champions						
NZC	New Zealand Senior Championship						
NZSS	New Zealand Secondary Schools Championship						
PSG	Pacific School Games Qualifier						
PSG	Pacific School Games						
RCG	South Island College Games						
SRM	Simon Meeting						
TT	Trans-Tasman Challenge						
T10 (T12)	Top 10 (was Top 12)						

**RELAYS**

BOYS								GIRLS											
Open Records								Open Records											
Event	Grade	Record	Names	Year	Reference	Event	Grade	Record	Names	Year	Reference	Event	Grade	Record	Names	Year	Reference		
4 x 100m	7	1:04.91*	Fernando Chid James Fuller Samuel Boyes James Trathen	2013	AIR	4 x 100m	7	1:08.20*	Anabelle Warner Giselle Campbell Addison Ama Tia Korwarha	2018	AIR	4 x 100m	7	1:04.91*	Skye Wilson Giselle Campbell Addison Ama Tia Korwarha	2020	AIR		
4 x 100m	8	1:01.80*	Cruz Simpson Liam Ellison Jacob Ely Dejaun Naidoo	2015	CMIR	4 x 100m	8	1:04.86*	Skye Wilson Giselle Campbell Addison Ama Tia Korwarha	2019	CMIR	4 x 100m	8	1:04.86*	Skye Wilson Giselle Campbell Addison Ama Tia Korwarha	2020	AIR		
4 x 100m	9	58.33*	Josh Kelly James Fuller Antonie Sma James Trathen	2015	AIR	Auckland Record	4 x 100m	9	59.99*	Skye Wilson Unaldi Cava Tia Korwarha Giselle Campbell	2020	AIR	Auckland Record	4 x 100m	9	59.99*	Skye Wilson Unaldi Cava Tia Korwarha Giselle Campbell	2020	AIR
4 x 100m	10	57.27*	Kaine Bradley Blake Moore Samuel Kiruku Luke Holmes	2012	AIR	4 x 100m	10	58.28*	Skye Wilson Unaldi Cava Tia Korwarha Giselle Campbell	2022	NIGC	Auckland Record	4 x 100m	10	58.28*	Skye Wilson Unaldi Cava Tia Korwarha Giselle Campbell	2022	NIGC	
4 x 100m	11	55.34*	Daniel Mullens Oliver Mai Isaac Smith Tim Wallace	2018	AIR	4 x 100m	11	56.31*	Shayla Nepia Anabelle Warner India Nicholas Emmerson Garrett	2018	AC	4 x 100m	11	56.31*	Shayla Nepia Anabelle Warner India Nicholas Emmerson Garrett	2018	AC		
4 x 100m	12	52.03*	Josh Kelly Balley Liu Sione Makasini Raniera Newport	2016	AIR	4 x 100m	12	54.30*	Alice Shannon Ashley Pollock Courtney Rimmer Ruby Spring	2017	CMIR	4 x 100m	12	54.30*	Alice Shannon Ashley Pollock Courtney Rimmer Ruby Spring	2017	CMIR		
4 x 100m	13	49.35*	Josh Kelly Balley Liu Mason Jury Raniera Newport	2017	CMIR	4 x 100m	13	52.50*	Alice Shannon Katherine Fanelli Mariele Venida	2018	CMIR	4 x 100m	13	52.50*	Alice Shannon Katherine Fanelli Mariele Venida	2018	CMIR		
4 x 100m	14	46.50*	Kaden Warren Ben Ward Hunter Brown James Trathen	2021	NIGC	4 x 100m	14	51.68*	Adriana White Samuelana Fari Sonya He Natasha Smith	2017	NIGC	4 x 100m	14	51.68*	Adriana White Samuelana Fari Sonya He Natasha Smith	2017	NIGC		
4 x 200m	7	2:20.08*	Kelto Tokumoto James Fuller Samuel Boyes James Trathen	2013	AIR	4 x 200m	7	2:28.10*	Anabelle Warner Addison Ama Giselle Campbell Tia Korwarha	2018	AIR	Auckland Record	4 x 200m	7	2:28.10*	Anabelle Warner Addison Ama Giselle Campbell Tia Korwarha	2018	AIR	
4 x 200m	8	2:10.50*	Cruz Simpson Liam Ellison Isaac Smith Dejaun Naidoo	2015	CMIR	4 x 200m	8	2:20.56*	Skye Wilson Addison Ama Tia Korwarha Giselle Campbell	2019	AIR	Records set at C-M Relay Champs not recognised by Athletics Auckland	4 x 200m	8	2:12.54	Cruz Simpson Liam Ellison Isaac Smith Dejaun Naidoo	2015	AIR	Auckland Record
4 x 200m	9	2:06.25*	Josh Kelly James Trathen Antonie Sma James Fuller	2015	CMIR	4 x 200m	9	2:07.40*	Skye Wilson Unaldi Cava Tia Korwarha	2020	AIR	Auckland Record	4 x 200m	9	2:07.40*	Skye Wilson Unaldi Cava Tia Korwarha	2020	AIR	
4 x 200m	10	2:02.73*	Josh Kelly James Fuller Antonie Sma James Trathen	2016	AIR	4 x 200m	10	2:07.74*	Hayley Whiteman Sarah Gulla Crisanalei Fabricius Dulcie Harris-Tavira	2023	AIR	4 x 200m	10	2:07.74*	Hayley Whiteman Sarah Gulla Crisanalei Fabricius Dulcie Harris-Tavira	2023	AIR		
4 x 200m	11	1:57.19*	Daniel Mullens Tim Wallace Oliver Mai Isaac Smith	2018	AIR	4 x 200m	11	2:00.39*	Annabelle Parsons Ashley Pollock Taylor Holmes Ruby Spring	2016	AIR	4 x 200m	11	1:57.19*	Daniel Mullens Tim Wallace Oliver Mai Isaac Smith	2018	AIR		
4 x 200m	12	1:45.97*	Josh Kelly Balley Liu Sione Makasini Raniera Newport	2016	AIR	Auckland Record	4 x 200m	12	1:54.21*	Jessica Walton Jordan Vippen Olivia Ama Morgan Day	2023	AIR	4 x 200m	12	1:54.21*	Jessica Walton Jordan Vippen Olivia Ama Morgan Day	2023	AIR	
4 x 200m	13	1:45.30*	Josh Kelly Balley Liu Mason Jury Raniera Newport	2017	CMIR	4 x 200m	13	1:50.35*	Katherine Fanelli Mariele Venida Taylor Holmes Alice Shannon	2018	CMIR	Records set at C-M Relay Champs not recognised by Athletics Auckland	4 x 200m	13	1:50.35*	Katherine Fanelli Mariele Venida Taylor Holmes Alice Shannon	2018	CMIR	
4 x 200m	14	1:35.99*	Kaden Warren Liam Hill Ben Ward James Trathen	2020	AIR	Auckland Record	4 x 200m	14	1:49.87*	Adriana White Natasha Smith Adriana White Samuelana Fari	2017	CMIR	Records set at C-M Relay Champs not recognised by Athletics Auckland	4 x 200m	14	1:50.60*	Adriana White Natasha Smith Adriana White Samuelana Fari	2017	CMIR
4 x 400m	10	4:44.96*	Harrison Day Keagan Gooven Chase Wang Alex Lister	2020	AC	Auckland Record	4 x 400m	10	5:00.88*	Dulcie Harris-Tavira Addison Morrow Crisanalei Fabricius Hayley Whiteman	2022	AC	4 x 400m	10	4:44.96*	Harrison Day Keagan Gooven Chase Wang Alex Lister	2020	AC	
4 x 400m	11	4:29.71*	Oliver Mai Isaac Smith Daniel Mullens	2019	AC	Auckland Record	4 x 400m	11	4:43.20*	Milana Dean Skye Wilson Addison Ama Unaldi Cava	2022	AC	4 x 400m	11	4:29.71*	Oliver Mai Isaac Smith Daniel Mullens	2019	AC	
4 x 400m	12	4:18.14*	Ben Ward Zach O'Dwyer Antonie Sma James Trathen	2019	AC	4 x 400m	12	4:22.36*	Lash Murray Jordan Vippen Rachel Warner Morgan Day	2022	AC	Auckland Record	4 x 400m	12	4:18.14*	Ben Ward Zach O'Dwyer Antonie Sma James Trathen	2019	AC	
4 x 400m	13	3:58.92*	Kaden Warren Ben Ward Finlay Smith James Trathen	2020	AC	Auckland Record	4 x 400m	13	5:05.96*	Jessica Walton Ether Luk Annabelle Warner Emabelle Manuza	2022	AC	4 x 400m	13	3:58.92*	Kaden Warren Ben Ward Finlay Smith James Trathen	2020	AC	
4 x 400m	14	4:06.25*	Tia Smith Horace James Thomas Wynne Awanth Kumar	2019	AC	4 x 400m	14	4:23.72*	Annabelle Parsons Caitlyn Pokorny Johanni Fourie Mariele Venida	2019	AC	4 x 400m	14	4:06.25*	Tia Smith Horace James Thomas Wynne Awanth Kumar	2019	AC		
Mixed Medley (2 x 100m, 1 x 200m, 1 x 400m, 1 x 800m)	10	4:02.87*	Matteo Magni Fenollar Alex Lister Daniel Barrack Tim Wallace James Trathen	2020	AIR	Mixed Medley (2 x 100m, 1 x 200m, 1 x 400m, 1 x 800m)	10	4:36.21*	Anna Wilkinson Kara Borill Anjalee Singh Mariele Venida Neve Webster	2018	CMIR	Mixed Medley (2 x 100m, 1 x 200m, 1 x 400m, 1 x 800m)	10	4:02.87*	Matteo Magni Fenollar Alex Lister Daniel Barrack Tim Wallace James Trathen	2020	AIR		

Reference							
AC	Auckland Children's Championship						
AJR	Auckland Junior Relay Championship						
CMIR	Counties-Manukau Relay Championship						
NIGC	North Island College Games						